ARE YOU READY FOR AN EMERGENCY?

FIND THE HIDDEN EMERGENCY WORDS IN THE PUZZLE

BACKPACK  BATTERIES  CLOTHING  TORNADO  WHISTLE  CANDLES  STORM  WATER  ALERT  FOOD  CASH  KIT

MEDICATION  EMERGENCY  FLASHLIGHT  DISASTER

See answers on the inside page.

COLOUR ITEMS THAT BELONG IN YOUR EMERGENCY KIT

Shirt  Toothpaste  Comb or Brush  TV  Toothbrush  Portable Phone Charger  Toilet Paper  Radio with batteries or a crank for power

Pants  First-Aid Kit  Paper Clip  Candy  Pants  Crackers  Whistle  Ice Cream  Can Opener  Flashlight and glow-sticks

Medicine  TV  Canned Food  Radio with batteries or a crank for power

Socks  Blanket  Water  Soap  Whistle  Fruits  Cards & Games  Flashlight and glow-sticks

Toothpaste  Toothbrush  First-Aid Kit  Batteries  Toilet Paper  Portable Phone Charger  Socks

ARE YOU READY FOR AN EMERGENCY?

FAMILY COMMUNICATIONS PLAN

If you have a family communications plan, it will be easy to contact your family or friends in a disaster!

Fill out this emergency contact form with your family. Make sure they know where to meet and who to call. When you finish, cut out this page and hang it where all in your family can see it.

My name: ____________________________________________

My address: _________________________________________

___________________________

My telephone number: ________________________________

Who to call in case of emergency

Emergency Number: 9-1-1 or __________________________

Name & number of neighbour or relative: __________________________

Name and number of out-of-town contact: ________________________
**DID YOU KNOW?**

During an emergency you may have no electrical power or be asked to evacuate. An emergency kit contains items you and your family need to survive for at least 72 hours. Work with your family to build a kit. It should be easy to carry, like a back pack or suitcase. Check the kit twice a year to ensure the freshness of food and water, and add new items if needed.

**EMERGENCY KIT CHECKLIST** (Three-day supply per person)

- Non-perishable food
- Prescription medication
- Manual can opener
- Bottled water (4L per person, per day)
- Flashlight
- Radio with batteries or a crank for power
- Glow stick, candles and matches/lighter
- First-aid kit
- Whistle to signal for help
- Cell phone with chargers and backup battery
- Extra keys and cash
- Clothing, footwear, blankets or sleeping bags
- Moist towelettes and garbage bags for personal sanitation
- Copies of important papers (identification, insurance)

**UNSCRAMBLE THE DISASTER...**

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- orefts irfe
- cei rmots
- rtheaukeq
- daomot
- loofd

**PET EMERGENCY KITS**

Pets are part of our families. Your pet emergency kit should include the following items:

- Food, water, bowls, paper towel and can opener
- Blanket and small toy
- Sturdy leash and harness
- Cat litter/pan (if required) and plastic bags
- Carrier for transporting your pet
- Medicine and medical records (including vaccination information)
- Up-to-date ID tag with your phone number and name/phone number of your veterinarian
- Copy of license (if required)
- Muzzle (if required).

**MATCH-IT-UP**

Draw a line to connect each emergency with the correct action you should take to stay safe.

- Tornado
- Flood
- Power Outage
- Forest Fire
- Thunderstorm

- Leave the area
- Get to higher ground
- Go inside
- Go to the lowest level of a building
- Use glow-sticks or flashlights

**PREPARING AN EMERGENCY PLAN**

1. Choose an out-of-town contact who you can connect with.
2. Establish a meeting place away from your home.
3. Build and customize an emergency kit to meet the unique needs of your family.

For more information on how to be prepared visit: [ontario.ca/beprepared](http://ontario.ca/beprepared)